20th Annual Caregiver Conference A Caregiver's Harvest: Resources & Relationships

Friday, November 20, 2015 Hilton Tucson East 7600 E. Broadway

CONFERENCE AGENDA

- 8:00 9:00 Registration and Continental Breakfast
 9:00 9:15 Welcome
 9:15 10:30 Keynote Speaker, Dr. Sandra Haymon
 10:30 10:50 Break, Visit Exhibits
 10:50 11:50 Leslie Langbert, MSW, RYT, Center for Compassionate Studies
 11:50 - 12:10 Break, Visit Exhibits
 12:10 - 1:10 Hosted Lunch with Presentation
 1:10 - 2:10 Leigh Bernstein, Legal Issues
 2:10 - 2:30 Break, Visit Exhibits
 2:30 - 3:30 Laughter Yoga with Loti Gest & Jana Martin
 3:30 - 4:00 Next Steps - Support Groups, Resources & More
 4:00 4:15 Evaluations CEU's
 - 4:00 4:15 Evaluations, CEU's, Certificates of Attendance

This year's keynote speaker is Dr. Sandra Haymon. In this powerful presentation you will learn how to take care of yourself first and achieve life balance so you can be there for those you love.

Dr. Haymon's approach to Caregiving will literally transform your life. Learn how to embrace the journey of Caregiving as your personal and sacred journey that has little to do with the person you're caring for.

Get off the emotional roller coaster of Caregiving and never feel guilty again.

INFORMATION & ONLINE REGISTRATION

www.caregiverconsortium.org

CONFERENCE CONTACT

Julie Bubul, 520.235.4065, caregiversarizona@gmail.com



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REGISTRATION FORM

Pre-Registration Deadline: November 13, 2015

| Name |
|--|
| Agency |
| Address |
| City |
| State ZIP |
| Phone |
| Email |
| □ Family Caregiver \$35.00 □ Professional \$60.00 (registration includes lunch, materials and professional CEUs) |
| AZ NCIA CEUs |
| 🗌 Vegetarian Meal |
| Make check payable to: Caregiver Consortium |
| Mail check and registration form to: P.O. Box 12381 Tucson, AZ 85732-2381 |